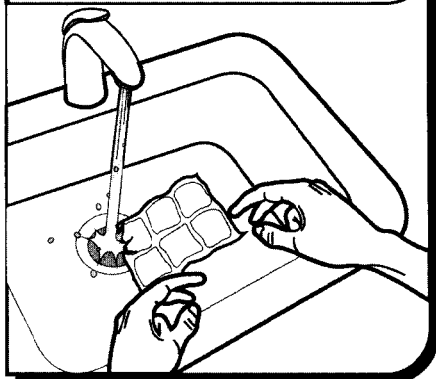
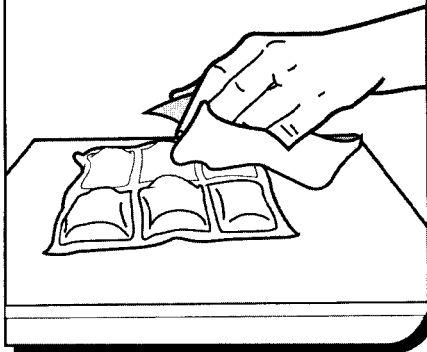


Manual Preparation is as Easy as

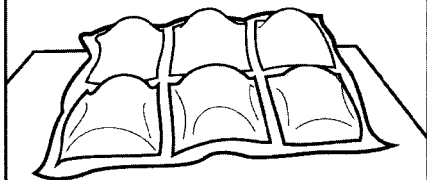
To prepare ThermaFreeze for use, spray or soak in water until cells expand to approximately 3/4 inch.



Thoroughly wipe dry with a paper towel or dry cloth to avoid water freezing on the outside of the product.



Finally, place sheet in freezer with cloth side up until frozen.



For reuse, simply refreeze or rehydrate if necessary.