

# Putt Maker™ Putting Discs



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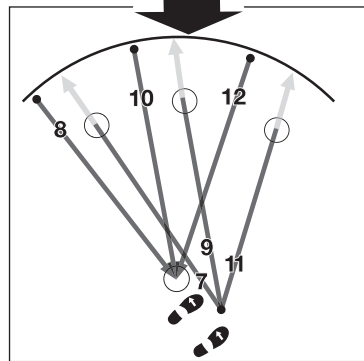
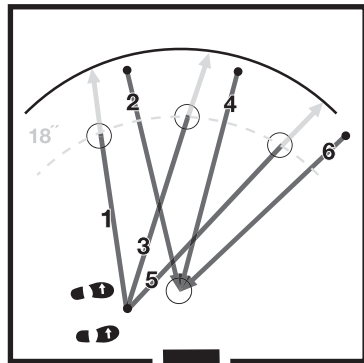
## Putting Improvement Drills Booklet



Dear Golfer,

Thank you for purchasing Putt Maker Putting Discs from Bent Grass Concepts. It's a unique putting practice system designed to help you become a better, more consistent, putter through repetitive practice. **In the following pages, you will find 17 putting improvement drills to help improve your feel, speed, touch, and green reading on the course.**

Putt Maker Putting Discs are like movable golf holes or portable putting targets that fit easily in your golf bag. The discs are designed for use on the practice green, but they can also be used at home or in the office for 365 days a year of practice. Plus, you can create a personal putting area on practice greens that are crowded, highly trafficked, or have few or no holes. We selected a special material to provide you with audible and visual feedback, so you will know when you made the perfect putt — you will hear a distinctive sound when rolling the ball over a disc.



## FRINGE PATTERN

Good for: Feel, Speed Control,  
and Distance Control

The Fringe Pattern helps you control speed using the edge of the green as a backstop. This will allow you to hit it firmly over the discs, to 18 inches past, but in control so it stays on the green.

12 segments = 36 putts

1. Place the Putt Maker Putting Discs in a curved T pattern, with 3 discs in a row and one disc at least 3 - 4 feet below the center disc. The row should be set up about 18 inches from the edge of a green. Leave at least 2 feet between the discs on the row.
2. Start from a point 1 foot to the left of the bottom disc. This is the Starting Disc.
3. Putt 3 balls to the upper left disc. Try to stop the ball right at the edge of the green without going over. This will allow you to hit it firmly through the ball, but in control so it stays on the green. From that disc, from the left side, putt 3 balls back to the Starting Disc.
4. Continue this pattern with the remaining two discs.
5. Repeat this pattern starting from the right side of the Starting Disc.

Each drill is short enough to practice before you head to the first tee, but thorough enough to give you plenty of practice. We recommend using 3 balls for each drill and to practice those drills on the types of putts and distances that you want to work on most. We gave some suggested distances, but they are entirely up to you.

**We also recommend that you try to roll your putts so they land about 18 inches past the center of your target disc, which lets you know that you rolled it at the ideal speed for sinking a putt.** This is also essential to getting the best sound out of the disc.

We know that you will enjoy the Putt Maker Putting Discs. But better yet, you will enjoy becoming a better putter and watching your handicap drop.

**Thanks again, from the  
Putt Maker Putting Disc Team**

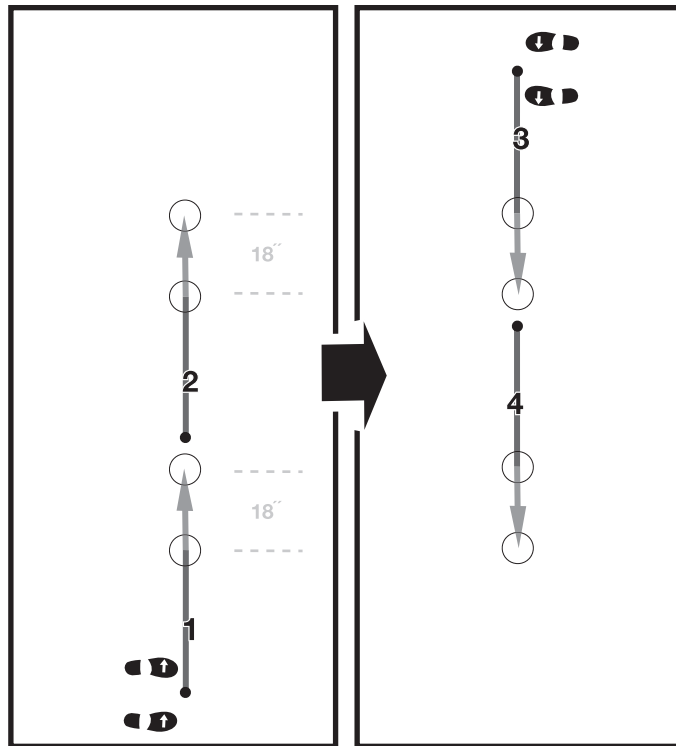
## SQUARE PATTERN

Good for: Speed Control

The Square Pattern helps you get a feel for the putt length that you want to master.

16 segments = 48 putts

1. Place the Putt Maker Putting Discs in a square pattern.
2. Start from a point 1 foot to the left and below the lower left corner disc. This is the Starting Disc.
3. Putt 3 balls to the disc in the upper left corner.
4. Continue in a clockwise pattern.
5. Repeat this pattern starting from:
  - a) the right side of the Starting Disc.
  - b) the left side of the Starting Disc in a counterclockwise pattern.
  - c) the right side of the Starting Disc in a counterclockwise pattern.



STRAIGHT LINE PATTERN 4 segments / 12 putts

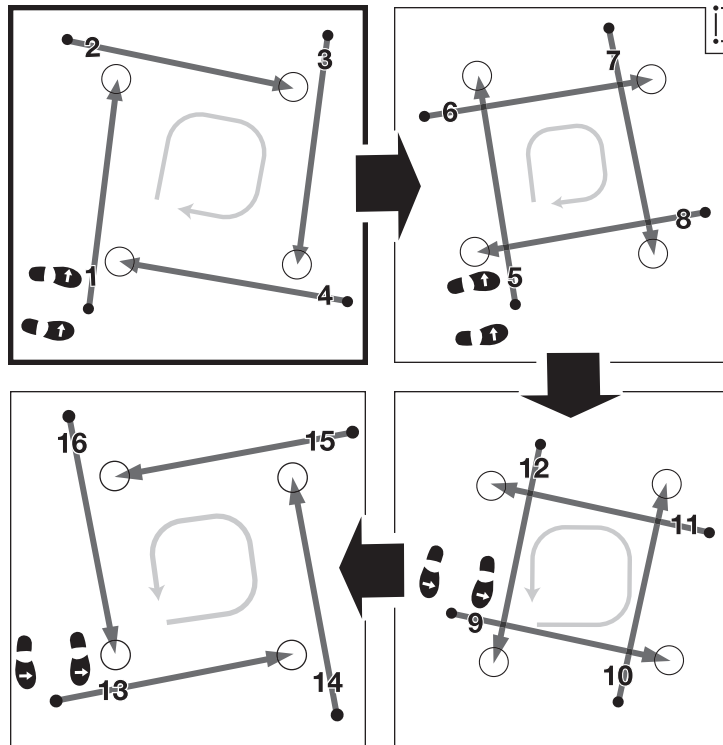
## STRAIGHT LINE PATTERN

Good for: Speed Control

The Straight Line pattern helps you putt through the targets for optimum distance.

4 segments = 12 putts, to be repeated until you can consistently roll your putts over the Target Disc and stop them at the Distance Disc.

1. Place two Putt Maker Putting Discs 18 inches apart, then in the same line about 4 feet away, place the other two discs 18 inches apart.
2. The first and third discs are the Target Discs. The other two are the Distance Discs.
3. Start from a point in line and 4 feet away from one end of the line. Putt 3 balls to the first disc and try to stop the balls at the second disc.
4. Continue this pattern from a point just past the second disc. Putt to the third disc, trying to stop the balls at the fourth disc.
5. Repeat this pattern in the opposite direction starting from a point 4 feet past the fourth disc. In this direction, the fourth and second discs become the Target Discs.



## POLYGON PATTERN

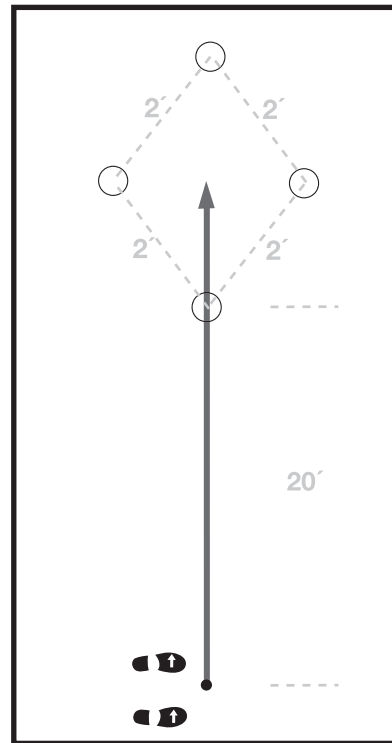
Good for: Feel

The Polygon Pattern helps you get a feel as your putt length gradually changes.

16 segments = 48 putts

1. Place the Putt Maker Putting Discs in a 4-sided pattern, with increasing distances between the discs in the clockwise direction. Picture a stretched square. For example, a 4-sided shape with the left side at 3 feet, the top at 4 feet, the right side lengthened to 5 feet, and the bottom stretched to 6 feet.
2. Start from a point 1 foot to the left and below the lower left corner disc. This is the Starting Disc.
3. Putt 3 balls to the disc in the upper left corner.
4. Continue in a clockwise pattern.
5. Repeat this pattern starting from:
  - a) the right side of the Starting Disc.
  - b) the left side of the Starting Disc in a counterclockwise pattern.
  - c) the right side of the Starting Disc in a counterclockwise pattern.

**EXTRA PRACTICE:** Toss the discs into a random 4-sided pattern, with variable distances between the discs. Repeat the putting pattern.



**DISTANCE DIAMOND PATTERN** 4 segments / 12 putts

## DISTANCE DIAMOND PATTERN

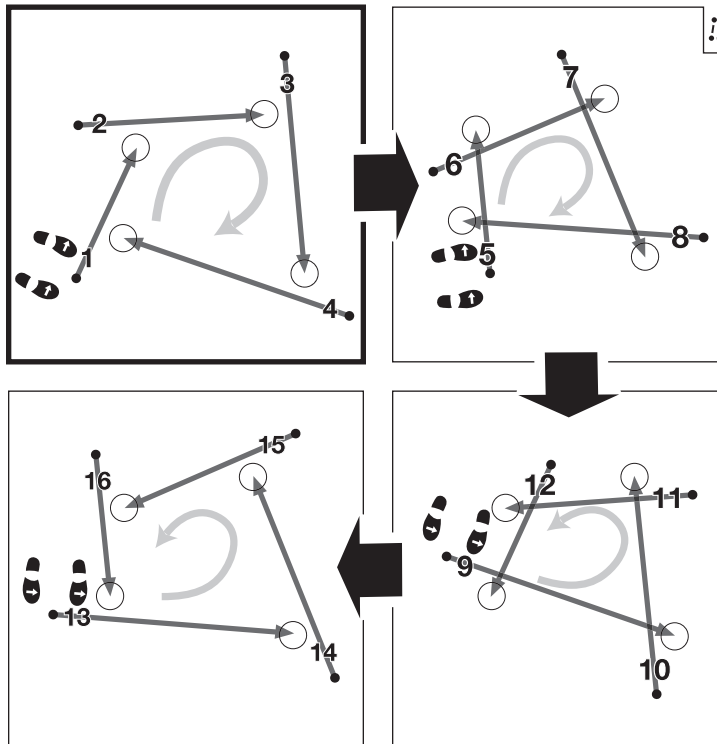
Good for: Distance Control

The Distance Diamond Pattern helps give you a target for long range putts.

4 segments = 12 putts, to be repeated until you can land all the balls in the diamond

1. Place the Putt Maker Putting Discs in a diamond pattern of sides about 2 feet in length.
2. The lower disc is the Target Disc.
3. Putt 3 balls to the Target Disc, from about 20 feet away, below the diamond. Ideally, you want to roll the balls over the target disc and stop at the disc behind it. However, landing the balls inside the diamond would guarantee a two putt and guarantee that you had enough speed to get it to the hole.
5. Repeat this pattern starting from:
  - a) 20 feet to the right side of the diamond.
  - b) 20 feet to the top of the diamond.
  - c) 20 feet to the left side of the diamond.

**EXTRA PRACTICE:** Change the length of the diamond sides to 3 feet and practice putting from 30 feet away. For long putts, it is good practice to make the diamond size about 10% of your putting distance. Repeat the putting pattern.



POLYGON PATTERN

16 segments / 48 putts

## T-PATTERN

Good for: Feel, Speed Control, Green Reading for Uphill and Downhill putts.

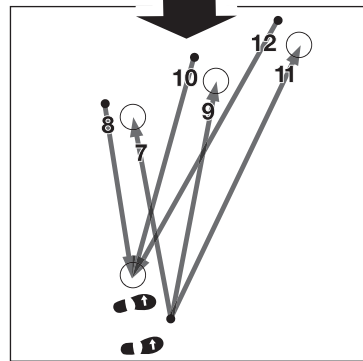
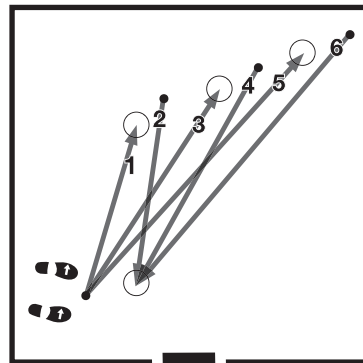
The T-Pattern helps you gain an understanding of putting speed due to elevation changes on the green.

12 segments = 36 putts

1. Place the Putt Maker Putting Discs in a T-shaped pattern, with three discs in a row and one disc at least 4 feet below the center disc. Leave at least 2 feet between the discs on the row. Orient the T-Pattern to practice uphill and downhill putts.
2. Start from a point 1 foot to the left of the bottom disc. This is the Starting Disc.
3. Putt 3 balls to the upper left disc. From that disc, on the left side looking back at the Starting Disc, putt 3 balls back to the Starting Disc.
4. Continue this pattern with the remaining two discs.
5. Repeat this pattern starting from the right side of the Starting Disc.

**EXTRA PRACTICE:** Take the Starting Disc and move it above the row of three discs. Repeat the putting pattern.

**EXTRA PRACTICE 2:** Place the T-Pattern across the hill to help you practice breaking putts. Repeat the putting pattern.





## SLANT PATTERN

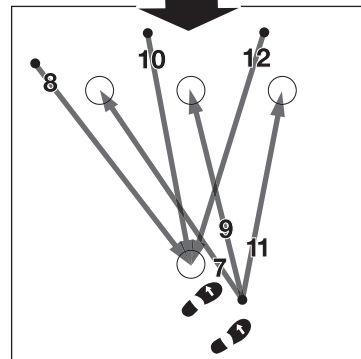
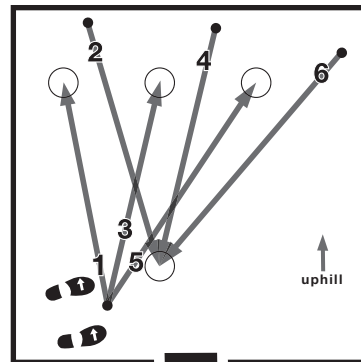
Good for: Speed Control, Green Reading

The Slant Pattern helps you get a feel as your putt length gradually changes along the same general terrain.

12 segments = 36 putts

1. Place a Putt Maker Putting Disc on the green. This is the Starting Disc.  
Then from at least 3-4 feet away, place the other 3 discs in a straight line, with the line slanting away from the Starting Disc.
2. Start from a point 1 foot to the left and below the Starting Disc.
3. Putt 3 balls to the upper left disc. From that disc, on the left side looking back at the Starting Disc, putt 3 balls back to the Starting Disc.
4. Continue this pattern with the remaining two discs.
5. Repeat this pattern starting from the right side of the Starting Disc.

**EXTRA PRACTICE:** Take the Starting Disc and move it above the third disc on the right.  
Repeat the putting pattern.



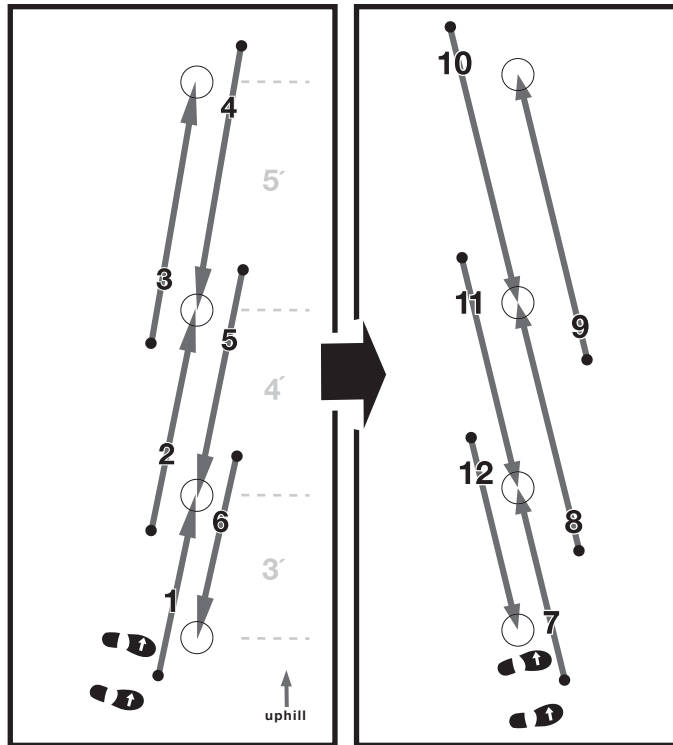
## Y-PATTERN

Good for: Speed Control, Green Reading

The Y-Pattern helps you see how the green is contoured about any given point.

12 segments = 36 putts

1. Place the Putt Maker Putting Discs in a Y-shaped pattern, with one disc forming the center of the Y.
2. Start from a point 1 foot to the left of the center disc. This is the Starting Disc.
3. Putt 3 balls to the upper left disc. From that disc, on the left side looking back at the Starting Disc, putt 3 balls.
4. Continue this pattern with the remaining two discs.
5. Repeat this pattern starting from the right side of the Starting Disc.



EXTENDED LADDER PATTERN 12 segments / 36 putts

## EXTENDED LADDER PATTERN

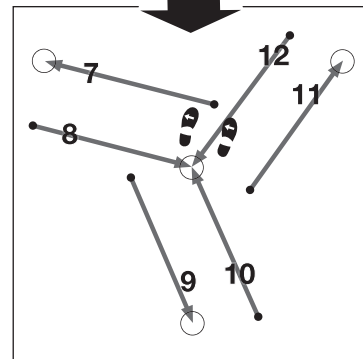
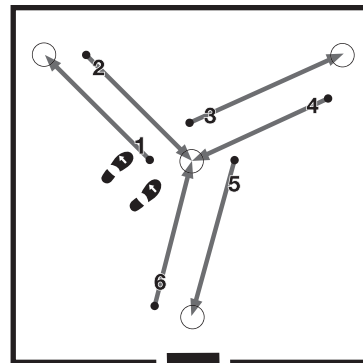
Good for: Feel, Speed Control, Green Reading for Uphill, Downhill, and Sidehill putts.

The Extended Ladder Pattern helps you gain an understanding for putting speed due to contour changes and variable distances on the green.

12 segments = 36 putts

1. Place the Putt Maker Putting Discs in a row running uphill, leaving about 4, 5, and 6 feet between discs.
2. Start from a point 1 foot to the left of the bottom disc. This is the Starting Disc.
3. Putt 3 balls to the next disc.
4. Continue this pattern with the remaining two discs.
5. After you finish this pattern, putt 3 balls in the opposite direction, starting from the left side of the fourth disc.
6. Repeat this pattern starting from the right side of the Starting Disc.

**EXTRA PRACTICE:** Place the 4 discs across the hill to help you practice breaking putts. Repeat the putting pattern.



## LADDER PATTERN

Good for: Speed Control, Green Reading for Uphill, Downhill, and Sidehill putts.

The Ladder Pattern helps you gain an understanding of putting speed due to contour changes on the green.

12 segments = 36 putts

1. Place the Putt Maker Putting Discs in a row running uphill, leaving about 4 feet between discs. [Note: placing the three discs across the hill will help you practice breaking putts.]
2. Start from a point 1 foot to the left of the bottom disc. This is the Starting Disc.
3. Putt 3 balls to the next disc.
4. Continue this pattern with the remaining two discs.
5. After you reach the last disc, putt 3 balls in the opposite direction, starting from the left side of the fourth disc.
6. Repeat this pattern starting from the right side of the Starting Disc.

**EXTRA PRACTICE:** Place the 4 discs across the hill to help you practice breaking putts. Repeat the putting pattern.

